noise like thunder, casteth forth great stones, vomiteth out Brimstone, and fyls all the ground with ashes round about it, so that the Countrie cannot be inhabited for two entire miles round about it. They which draw neere to this Mountaine to consider and view more curiously the causes why it burnes, are sometime swallowed up alive by some hidden breach in the Mountaine, for there are many, and those covered so with ashes, that no man can beware of them: therefore they call this place "Carter fordidarum animarum," the prison-house of unclean soules. Besides it happeneth, that the yce being loos'd, doth in great pieces for 8 moneths together beat against the shore, and maketh such an horrible sound, that the Inhabitants say, it is the crying and howling of those soules. There is another Mountaine of the same nature called Helga: this Mountaine in the yeare 1581, (as Jonas winneseth) did cast forth fire and stones with such a thundering noise, that foure score miles from thence, they thought some great pieces of Ordnance had been shot off. In one part hereof strange Spirits are scene in the likeness of men, so that those who do not know them to bee dead before, would thinke they were alive: nor do they finde their error before the ghosts doe vanish away. But these things Jonas thinke are fabulous, or else the delusions of the Devill. Crancke and Olaus doe write, that the Islanders, for the most part, doe dwell in Caves, which they digge in the sides of the Mountaines, especially in the Winter time. But Jonas, on the contrary, faith, that there are many Temples and houses built of wood very faire and costly. The Island hath two Cathedrall Bishopoicks, as Holar, or Hallen, under which are the Monasteries Pingora, Remesled, Modur, Munkeiure; and Scalholt, under which are th'o Monasteries Videy, Pyrmabar, Kirkebar, and Sheda. Yet wee understand by the writings of Velius the Author of this Table, that there are nine Monasteries in it, and three hundred and nine and twenty Churches. The Bishops are sent thither out of the Universitie of Haffnia, the only Universitie in Denmarke, one of them governeth the Northerne part of the Island, the other the Southern. And each of them hath a free Schoole joyned to his house, in which he is bound to be at the cost of the bringing up and teaching of foure and twenty Children. The Inhabitants live, eate, and lodge in the same houses with their Cartell. They live in a holy simplicitie, seeking nothing more than what Nature grants them; for the Mountaines are their Townes, and the Fountaines their delight. A happe Nation, not envied by reason of their poverty, and so much the happier because it hath received the Christian Religion. Yet the English and Danish Merchants doe trouble their quiet, not suffering them to be content with their owne; for they frequenting this Island, to bring away filth from thence, have brought among them their vices together with their wares. The memorable acts of their Ancestours, they doe celebrate in Verse, and doe keepe them from oblivion by engraving them on Rocks. They live, for the most part, by Fish, which being dried and beaten, and so made into a kinde of meate, they use at their Table instead of bread. But the wealthier doe eate bread twice baked. Heretofore they dranke water, and the richer milke, but now they have learned to mingle come with it, which is brought hither from other places, and they